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COUNTY

DEPARTMENT OF MENTAL HEALTH / AUTISM / DEVELOPMENTAL PROGRAMS

100 CHESTNUT STREET, HARRISBURG, PA 17101

(717)780-7050 / (717)780-7061 FAX

**Suicide Prevention Resource Guide**

**If you need immediate assistance, please call or text:**

A picture containing logo

Description automatically generated

This guide was created with funding provided by the Pennsylvania Department of Health’s Preventive Health and Health Services Block Grant and is organized based on strategies outlined in the United States Center for Disease Control’s *Suicide Prevention: Resource for Action* which can be viewed in its entirety here: [Suicide prevention resource for action : a compilation of the best available evidence](https://stacks.cdc.gov/view/cdc/124648)*.* This guide includes resources at the county, state, and national levels. Most resources have websites where you can apply or find more information. Please hold down the “CTRL” button on your keyboard while clicking the blue, underlined word (such as [**COMPASS**](https://www.compass.dhs.pa.gov/home/#/welcome)) and you will be automatically directed to the website.

**Strategy 3: Improve Access and Delivery of Suicide Care**

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| **Program Name** | **Program Description** | **Contact Information** |
| NAMI Central PA | Grassroots organization that provides support groups, advocacy, and education about mental illness and recovery | [NAMI Central PA | NAMI](https://www.nami.org/affiliate/pennsylvania/nami-central-pa/)  [info@namicentralpa.org](mailto:info@namicentralpa.org)  717-233-1164 |
| Dauphin County ASPIRE | Suicide prevention information, resources, and training | [Dauphin County ASPIRE | Allies for Suicide Prevention: Inspiring, Responding, Educating](https://www.dauphincoaspire.org/)  717-329-2723 |
| Dauphin County Crisis Intervention | Dauphin County Crisis Intervention is a 24hr emergency mental health services provided by Dauphin County MH/A/DP. Crisis staff provide supportive counseling, outreach, assessment, and referral information to individuals experiencing an emotional crisis or difficulty coping with a personal problem. | [Crisis Intervention Services](https://www.dauphincounty.gov/government/human-services/mental-health-autism-developmental-programs/crisis-intervention-services)  717-232-7511  100 Chestnut St 1st Floor  Harrisburg PA 17101 |
| Connections Health Solutions Emergency Behavioral Health Crisis Walk-In Center and Mobile Services | Provides 24/7/365 urgent care and mobile crisis services. Mobile services can be accessed through 988, 911, or local crisis intervention programs | [Connections emergency behavioral health crisis walk-in center](https://connectionshs.com/harrisburg)  1100 S. Cameron St  Harrisburg PA 17104  717-408-1353 |
| 988 | 988 is a national 24/7/365 suicide and crisis lifeline. The website has resources and information about suicide and other related topics | [Get Help - 988 Lifeline](https://988lifeline.org/get-help/)  Call/Text 988 |
| Dauphin County Network of Behavioral Care | Dauphin County Network of Behavioral Care is a resource for individuals, families and agencies concerned with behavioral health. DCNBC provides an array of information about behavioral health services, laws, related news, communication tools and other features. It helps you find what you need and ensures there is no wrong door for those seeking services. | [https://dauphin.pa.networkofcare.org](https://dauphin.pa.networkofcare.org/) |
| Dauphin County Where To Go When You Need Help Pamphlet | A comprehensive pamphlet of resources organized by categories of need such as food assistance and categories of populations such as teenagers, women, veterans, etc | [Where To Go When You Need Help](https://www.dauphincounty.gov/docs/default-source/human-services/2024-where-to-go-when-you-need-help-2024.pdf?sfvrsn=68962e30_1) |
| Mental Health Facilities | This is a list of all Dauphin County PA mental health facilities. These clinics provide treatment to women, men, and teenagers who have MH issues including depression, anxiety, panic disorders, eating disorders, OCD, PTSD and other issues and phobias. | <https://www.mentalhealthfacilities.net/clinics/pennsylvania/dauphin-county.html> |
| Harrisburg Vet Center | Harrisburg Vet center offers confidential help for veterans, service members and their families at no cost in a non-medical setting. Services include counseling for depression, PTSD and psychological effects of military sexual trauma. This center can also connect you with more support in the VA and community. | [Harrisburg Vet Center | Veterans Affairs](https://www.va.gov/harrisburg-vet-center/)  800-698-2411 |
| PerformCare | PerformCare is the behavioral-health managed care organization for Dauphin, Cumberland, Perry, Lebanon, and Lancaster Counties for residents enrolled in Medical Assistance. Member services can assist with providing information about available services, provider contact information, and assistance with care coordination. | [PerformCare](https://www.performcare.org/index.aspx)  1-888-700-7370 |
| Capital Area Behavioral Health Collaborative | Capital Area Behavioral Health Collaborative manages the HealthChoices Behavioral Health contract on behalf of Dauphin, Cumberland, Perry, Lebanon, and Lancaster counties. This organization can also provide helpful information about local resources and behavioral health services. CABHC works closely with provider agencies to ensure good availability and accessibility for PerformCare (MA) members | [Capital Area Behavioral Health Collaborative](https://www.cabhc.org/)  717-671-7190 |
| SAMHSA'S National Helpline | National helpline offers confidential treatment referral in both English and Spanish to individuals struggling with mental health conditions, substance use disorders. The SAMHSA website also contains a vast amount of information on various behavioral health topics. | [SAMHSA’s National Helpline | SAMHSA](https://www.samhsa.gov/find-help/national-helpline)  800-662-4357 |
| Pennsylvania Health Law Project | Free legal help for people getting or keeping Medical Assistance coverage | [Pennsylvania Health Law Project | Helping People in Need Get the Healthcare They Deserve](https://www.phlp.org/en/)  1-800-274-3258 |
| Dauphin County Mental Health/ Autism/ Developmental Programs (MHADP) | Provides funding for mental health services for those who are uninsured or underinsured and works to ensure there is MH provider availability and quality services that meet the needs of communities throughout Dauphin County | [Mental Health/Autism/Developmental Programs](https://www.dauphincounty.gov/government/human-services/mental-health-autism-developmental-programs)  717-780-7050 |
| Pennsylvania Enrollment Services | Learn about the HealthChoices program, compare health care plans, find providers, and enroll or change a health care plan | [Pennsylvania Enrollment Services Home Page | PA Enrollment Services](https://www.enrollnow.net/en)  1-800-440-3989 |
| Pennie | Pennsylvania’s health insurance marketplace Learn about health care plans and choose a plan that includes the coverage needed | [Home | Pennie](https://pennie.com/)  1-844-844-8040 |
| PA MEDI | Free state health insurance assistance program which provides counseling for people with Medicare in Pennsylvania | [PA MEDI - Medicare Education & Decision Insight](https://www.dauphincounty.gov/government/human-services/area-agency-on-aging/pa-medi---medicare-education-decision-insight)  717-780-6130 |
| American Association of Suicidology | Information, resources, training, and accreditation programs | [American Association of Suicidology – Together, We Will Make An Impact!](https://suicidology.org/) |

**Strategy 4: Promote Healthy Connections**

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| **Program Name** | **Program Description** | **Contact Information** |
| Community Support Program | The Community Support Program, or CSP, is an alliance of individuals, family members, and professionals working together to aid adults with severe mental illnesses and co-occurring disorders to live successfully in the community, build relationships and support, increase knowledge and learn new skills, share effective wellness techniques, and destigmatize behavioral health challenges. | DauphinCountyCSP@gmail.com  717-232-8761 |
| Pennsylvania Mental Health Consumers’ Association (PMHCA) | Pennsylvania Mental Health Consumers' Association (PMHCA) is a state-wide member organization dedicated to the support of all people who seek aid for recovery from a mental illness at any stage in their journey. | [Pennsylvania Mental Health Consumers' Association](https://www.pmhca.org/)  [PMHCA@pmhca.org](mailto:PMHCA@pmhca.org%20%20%20%20%20%20%20%20%20%20%20%20%20%20%20%20)  717-221-1022 |
| NAMI Central PA | Grassroots organization that provides support groups, advocacy, and education about mental illness and recovery | [NAMI Central PA | NAMI](https://www.nami.org/affiliate/pennsylvania/nami-central-pa/)  [info@namicentralpa.org](mailto:info@namicentralpa.org)  717-233-1164 |
| National Child Traumatic Stress Network | Pause-Reset-Nourish (PRN)\* to Promote Wellbeing: Use as Needed to Care for Your Wellness! | [**PRN**](https://www.nctsn.org/sites/default/files/resources/fact-sheet/pause_reset_nourish_to_promote_wellbeing_use_as_needed_to_care_for_your_wellness.pdf) |
| US Department of Veterans PTSD: National Center for PTSD | Stress First Aid (SFA) is a framework to improve recovery from stress reactions, both in oneself and in coworkers. The model aims to support and validate good friendship, mentorship and leadership actions through core actions that help to identify and address early signs of stress reactions in an ongoing way (not just after "critical incidents"). | [Person-Centered Stress First Aid for Patients, Clients and Customers](https://www.ptsd.va.gov/professional/treat/type/SFA/docs/SFA_PersonCentered_508.pdf) |
| Youth Move PA | Consumer-run and consumer-focused organization focused on reducing stigma and increasing rights for those with mental illness. | [Pennsylvania Mental Health Consumers' Association - Youth MOVE PA](https://pmhca.wildapricot.org/Youth-MOVE-PA)  717-221-1022 |
| Sources of Strength | Suicide prevention program involving peer leaders to enhance protective factors associated with reducing suicide at the school population level | [Sources of Strength](https://youthmovepa.wildapricot.org/Sources-of-Strength)  [ympa@youthmovepa.org](mailto:ympa@youthmovepa.org) |
| Certified Peer Support Services | Certified peer specialists offer support, hope, and understanding gained from lived experience to help others on their path of recovery | [Home | Peerstar, LLC New](https://www.peerstarllc.com/)  888-733-7781  [Mental Health Services | Keystone Human Services](https://www.khs.org/what-we-do/mental-health-services/)  717-482-8500 |
| Aurora Club | Social rehabilitation program featuring support groups, social skills enhancement and training, community networking, recovery workshops, and volunteer activities | [Aurora](https://auroraservices.org/index.html)  717-232-6675 |
| Patch-N-Match | Consumer-driven drop-in center for individuals with mental illness that assists consumers with gaining or maintaining skills, independence, and self-confidence | [patchnmatchinc@aol.com](mailto:patchnmatchinc@aol.com)  717-232-5575 |
| Dauphin County Parks and Recreation | Provides information about opportunities for community events, engagement opportunities, and public parks | [Parks & Recreation](https://www.dauphincounty.gov/government/support-services/parks-recreation)  717-599-5188 |

**Strategy 5: Teach Coping and Problem-Solving Skills**

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| **Program Name** | **Program Description** | **Contact Information** |
| Parent Child Interaction Therapy (PCIT) | PCIT is a specialized, evidence-based treatment program designed for parents and their young children who are experiencing behavioral and/or emotional difficulties | [Official PCIT Website | Parent Child Interaction Therapy](https://www.parentchildinteractiontherapy.com/)  CSG: 877-907-7970  PCS: 717-526-4881 |
| The Incredible Years | The Incredible Years®offers a variety of evidence-based early intervention programs for parents, teachers, early childhood educators, counselors, and other professionals who work with children aged 0-12 | [Incredible Years](https://www.incredibleyears.com/) |
| Parent to Parent of PA | Parent peer support program for children with special needs | [Parent to Parent of Pennsylvania](https://www.parenttoparent.org/)  717-540-4722 |
| Central PA Family Support Services | Training and support programs for parents and families | [Home - Family Support Services](https://pafamilysupports.org/)  717-614-0130 |
| Fathering Me | Support program for young fathers of unplanned pregnancy | [Home | fathering.me](https://fathering.me/) |
| Families in Recovery | Support and education program for families touched by addiction | [Early Childhood & Family Development](https://cactricounty.org/our-programs/family-development/)  717-232-9757 |
| Parents as Teachers | Training and support program for parents of children birth-kindergarten | [Early Childhood & Family Development](https://cactricounty.org/our-programs/family-development/)  717-232-9757 |
| Fatherhood & 24/7 Dad | Free 12-week certification program for fathers seeking to improve their relationships with their children, partner, and family | [Early Childhood & Family Development](https://cactricounty.org/our-programs/family-development/)  717-232-9757 |
| Education Leading to Employment and Career Training (ELECT) | Free program for pregnant and parenting youth that provides skill development, goal setting, parenting skills, and healthy decision-making | [Pregnant & Parenting Teens (ELECT) – Capital Area Intermediate Unit 15](https://www.caiu.org/students-families/resources-support/pregnant-parenting-teens-elect#:~:text=The%20ELECT%20program%20supports%20pregnant%20and%20parenting%20teens,effective%20goal%20setting%2C%20parenting%20skills%2C%20and%20healthy%20decision-making.)  717-732-8400 ext 8383 |
| PA Family Support Alliance | Training and resources | [Home | Pennsylvania Family Support Alliance](https://pafsa.org/)  717-238-0937 |
| Mental Health First Aid, Youth Mental Health First Aid, Teen Mental Health First Aid | Evidence-based, early intervention course that teaches participants about mental health and substance use challenges | Community Services Group 717.285.7121  NAMI of Central PA  717-233-1164 |
| Smarter Parents, Safer Kids | Workshop designed to help parents and caregivers master effective communication about sex-related topics with their children | [Parenting Workshops | Harrisburg Area YMCA](https://ymcaharrisburg.org/home/programs/community/parenting-workshops/)  717-362-9494 |
| Triple P – Positive Parenting Program | Program designed to help parents and caregivers promote children’s well-being and make family life more enjoyable | [Triple P Referral Form - Pennsylvania Counseling Services, Inc.](https://pacounseling.com/triplep-referral-form/)  717-454-7543 |
| NAMI Basics | Free education program for parents, caregivers and other families who provide care for youth who are experiencing mental health symptoms | [NAMI Central PA | NAMI](https://www.nami.org/affiliate/pennsylvania/nami-central-pa/)  [info@namicentralpa.org](mailto:info@namicentralpa.org)  717-233-1164 |
| NAMI Family to Family | Free educational program for family, significant others and friends of people with mental health conditions | [NAMI Central PA | NAMI](https://www.nami.org/affiliate/pennsylvania/nami-central-pa/)  [info@namicentralpa.org](mailto:info@namicentralpa.org)  717-233-1164 |
| NAMI Homefront | Free educational program for families, caregivers, and friends of military service members and veterans with mental health conditions | [NAMI Central PA | NAMI](https://www.nami.org/affiliate/pennsylvania/nami-central-pa/)  [info@namicentralpa.org](mailto:info@namicentralpa.org)  717-233-1164 |
| NAMI Peer to Peer | Free educational program for adults with mental health conditions who are looking to better understand themselves and their recovery | [NAMI Central PA | NAMI](https://www.nami.org/affiliate/pennsylvania/nami-central-pa/)  [info@namicentralpa.org](mailto:info@namicentralpa.org)  717-233-1164 |

**Strategy 6: Identify and Support People at Risk**

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| Prevent Suicide PA | Information and resources about suicide | [Home Page - Prevent Suicide PA](https://preventsuicidepa.org/) |
| Dauphin County ASPIRE | Information, resources, and training | [Dauphin County ASPIRE | Allies for Suicide Prevention: Inspiring, Responding, Educating](https://www.dauphincoaspire.org/)  717-329-2723 |
| Dauphin County Crisis Intervention Program | Dauphin County Crisis Intervention is a 24hr emergency mental health services provided by Dauphin County MH/A/DP. Crisis staff provide supportive counseling, outreach, assessment, and referral information to individuals experiencing an emotional crisis or difficulty coping with a personal problem. | [Crisis Intervention Services](https://www.dauphincounty.gov/government/human-services/mental-health-autism-developmental-programs/crisis-intervention-services)  717-232-7511  100 Chestnut St 1st Floor  Harrisburg PA 17101 |
| 988 | 988 is a national 24/7/365 suicide and crisis lifeline. The website has resources and information about suicide and other related topics | [Get Help - 988 Lifeline](https://988lifeline.org/get-help/)  Call/Text 988 |
| Connections Health Solutions Emergency Behavioral Health Crisis Walk-In Center and Mobile Services | Provides 24/7/365 urgent care and mobile crisis services. Mobile services can be accessed through 988, 911, or local crisis intervention programs | [Connections emergency behavioral health crisis walk-in center](https://connectionshs.com/harrisburg)  1100 S. Cameron St  Harrisburg PA 17104  717-408-1353 |
| Crisis Text Line | A national 24/7/365 text/chat crisis service and the website has resources and information | [Crisis Text Line | Text HOME to 741741 Free, 24/7 Mental Health Support](https://www.crisistextline.org/) |
| The Trevor Project | Crisis intervention and suicide prevention services for LGBTQIA+ youth | [The Trevor Project - Suicide Prevention for LGBTQ+ Young People](https://www.thetrevorproject.org/)  1-866-488-7386  Text ‘START’ to 678-678 |
| Trans Lifeline | Hotline offering emotional and financial support to trans people in crisis | [Home - Trans Lifeline](https://translifeline.org/) |
| Suicide Prevention Resource Center | Information and resources about suicide | [Suicide Prevention Resource Center](https://sprc.org/) |
| Jana Marie Foundation | Information, training, and resources about mental well-being | [Home - Jana Marie Foundation](https://janamariefoundation.org/) |
| Beyond the Numbers – Mental Health America BIPOC Toolkit | A toolkit of historical content, systems of support, and actionable ways to move forward toward a mentally healthy future | [2022-BIPOC-MHM-Toolkit.pdf](https://mhanational.org/sites/default/files/2022-06/2022-BIPOC-MHM-Toolkit.pdf) |
| Collaborative Assessment and Management of Suicidality (CAMS) | Empirically validated treatment application of suicide-focused care | [TEAMCare Behavioral Health](https://teamcarebh.com/)  717-525-9804 |
| Suicide Prevention Alliance | Information, resources, and training | [Home - Suicide Prevention Alliance](https://www.suicidepreventionalliance.org/)  717-585-0611 |
| Safety Plan | Safety plan template | [SPA\_Safety\_Plan](https://www.suicidepreventionalliance.org/wp-content/uploads/2021/02/SPA-Safety-Plan.pdf) |
| Question Persuade Refer (QPR) Training | Gatekeeper training designed to teach anyone how to appropriately respond to someone who is expressing or exhibiting signs of being suicidal | NAMI-  717-233-1164  Suicide Prevention Alliance-  717-585-0611 |
| Signs of Suicide (SOS) | Teaches students how to identify signs of depression and suicide in themselves and their peers while providing materials and resources to school professionals, parents, and communities | NAMI of Central PA  717-233-1164 |
| Mental Health First Aid, Youth Mental Health First Aid, Teen Mental Health First Aid | Evidence-based, early intervention course that teaches participants about mental health and substance use challenges | Community Services Group 717.285.7121  NAMI of Central PA  717-233-1164 |
| Crisis Intervention Team (CIT) Training | 40-hour training for law enforcement officers on a variety of behavioral health topics | [Dauphin County Crisis Intervention Team](https://www.dauphincounty.gov/government/publicly-elected-officials/district-attorney/criminal-justice-advisory-board-(cjab)/dauphin-county-crisis-intervention-team)  717-798-1899 |
| A Journey Toward Health & Hope | Handbook for recovery after a suicide attempt | [A Journey Toward Health and Hope](https://store.samhsa.gov/sites/default/files/sma15-4419.pdf) |
| Lived Experience Academy | Educational website to help suicide attempt survivors | [Lived Experience Academy](https://livedexp.academy/) |
| Live Through This | A collection of portraits and true stories of suicide attempt survivors | [Home | Live Through This](https://livethroughthis.org/?fbclid=IwAR2ruq4C5lCH9v-iD3yRdA7uQpG6mbwwzGFBHKHJJFo0UGqiXRSg6OhYRHI) |
| United Suicide Survivors International | Resources, courses, workshops, stories, and initiatives for those who have experienced suicide loss, suicide attempts, and suicidal thoughts and feelings | [United Suicide Survivors International](https://www.unitesurvivors.com/) |
| First Watch | Resources for First Responders for Suicide Prevention | [Suicide Prevention for First Responders Resources - FirstWatch](https://firstwatch.net/suicide-prevention-for-first-responders-resources/) |
| Frontline Responder Services | Support line for first responders staffed by peers | [Help Line | Frontline Responder Services](https://frontlinerehab.com/helpline/)  1-866-676-7500 |
| Copline | Support line for law enforcement officers staffed by peers | [CopLine](https://www.copline.org/)  1-800-267-5463 |
| Survivors of Blue Suicide | Services and supports for family and co-workers of law enforcement officer that died by suicide | [Survivors of Blue Suicide](https://www.survivorsofbluesuicide.org/) |
| In Harms Way: Law Enforcement Suicide Prevention | Training, resources, and other materials on suicide prevention | [Law Enforcement Suicide Prevention - In Harm's Way](https://policesuicide.spcollege.edu/) |

**Strategy 7: Lessen Harm and Prevent Future Risk**

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| Student Assistance Programs | Postvention support to public schools within Dauphin County after the death of a student or staff person | [Mental Health Services | Keystone Human Services](https://www.khs.org/what-we-do/mental-health-services/)  717-482-8500  [information@khs.org](mailto:information@khs.org) |
| U.S. National Guidelines | Responding to Grief, Trauma, and Distress After a Suicide: U.S. National Guidelines – Survivors of Suicide Loss Task Force, April 2015 | [National Action Alliance for Suicide Prevention](https://theactionalliance.org/sites/default/files/inline-files/NationalGuidelines.pdf) |
| Toolkit for schools | After a Suicide: A Toolkit for Schools, Second Edition, 2018 | [After a Suicide: A Toolkit for Schools 2nd Edition](https://sprc.org/wp-content/uploads/2022/12/AfteraSuicideToolkitforSchools-3.pdf) |
| Framework for successful messaging | A strategy for messaging to the public about suicide | [Action Alliance Framework for Successful Messaging | Action Alliance Framework for Successful Messaging](https://suicidepreventionmessaging.org/) |
| Olivia’s House: A Grief and Loss Center for Children | Grief support and resources for children and families | [Olivias House – A Grief and Loss Center for Children](https://www.oliviashouse.org/)  717-699-1133 |
| United Suicide Survivors International | Resources, courses, workshops, stories, and initiatives for those who have experienced suicide loss, suicide attempts, and suicidal thoughts and feelings | [United Suicide Survivors International](https://www.unitesurvivors.com/) |
| Survivors of Blue Suicide | Services and supports for family and co-workers of law enforcement officer that died by suicide | [Survivors of Blue Suicide](https://www.survivorsofbluesuicide.org/) |

**Strategy 1: Strengthen Economic Supports**

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| **Program Name** | **Program Description** | **Contact Information** |
| Low Income Home Energy Assistance Program (LIHEAP) | Assistance paying heating bill administered through the state-run county assistance offices | [**COMPASS**](https://www.compass.dhs.pa.gov/home/#/welcome) |
| Heating Oil Assistance | Up to 100 gallons of free heating fuel for eligible households | [**HELP Ministries**](https://www.ccuhbg.org/what-we-do/help-ministries.html)  717-238-2851 |
| Cash Assistance | Monthly cash benefit administered through the state-run county assistance offices | [**COMPASS**](https://www.compass.dhs.pa.gov/home/#/welcome)  1-866-550-4355 |
| SNAP (formerly known as Food Stamps) | Monthly allowance for food administered through the state-run county assistance offices | [**COMPASS**](https://www.compass.dhs.pa.gov/home/#/welcome)  1-866-550-4355 |
| Free/Reduced School Meals | Free school meals for enrolled children administered through the state-run county assistance offices | [**COMPASS**](https://www.compass.dhs.pa.gov/home/#/welcome)  1-866-550-4355 |
| Child Care Works | Assistance paying for childcare administered through the state-run county assistance offices | [**COMPASS**](https://www.compass.dhs.pa.gov/home/#/welcome) |
| CHIP/Medical Assistance | Free or reduced cost health insurance administered through the state-run county assistance offices | [**COMPASS**](https://www.compass.dhs.pa.gov/home/#/welcome)  1-866-550-4355 |
| Supplemental Security Income (SSI) | Monthly cash benefit administered through the Social Security Administration | [**SSI**](https://www.ssa.gov/ssi) |
| Social Security Disability Insurance (SSDI) | Monthly case benefit administered through the Social Security Administration | [**SSDI**](https://www.ssa.gov/disability) |
| Housing Choice Voucher (formerly known as Section 8) | Rental assistance paid directly to landlord - tenant chooses apartment from private landlords in Dauphin County and maintains voucher if they move to another apartment within Dauphin County. Special arrangements must be made with Harrisburg Housing Authority to use the voucher within Harrisburg city. | [**Housing Authority of the County of Dauphin**](https://www.dauphinhousing.org/hcv-rental-assistance)  717-939-9301 |
| Public Housing | Subsidized public housing - tenant lives in properties owned/leased by the Housing Authority and the subsidy is only for that property. Properties owned/leased by HACD are not within the city of Harrisburg. | [**Housing Authority of the County of Dauphin**](https://www.dauphinhousing.org/hcv-rental-assistance)  717-939-9301 |
| Family Self Sufficiency Program | Service to assist families with accessing necessary resources and supports to accomplish self sufficiency | [**Housing Authority of the County of Dauphin**](https://www.dauphinhousing.org/hcv-rental-assistance)  717-939-9301 |
| Rent Assistance | Rental assistance for those under threat of eviction | [**HELP Ministries**](https://www.ccuhbg.org/what-we-do/help-ministries.html)  717-238-2851 |
| Rapid Rehousing and Rental Assistance | Assistance for homeless individuals to obtain an apartment and pay rent/security deposit | Call 211 |
| Housing Choice Voucher (formerly known as Section 8) | Rental assistance paid directly to landlord - tenant chooses apartment from private landlords in Harrisburg city and maintains voucher if they move to another apartment within Harrisburg city. Special arrangements must be made with HACD to use the voucher on an apartment outside Harrisburg city. | [**Harrisburg Housing Authority**](https://harrisburghousing.org/)  717-234-9664 |
| Public Housing | Subsidized public housing - tenant lives in properties owned/leased by the Housing Authority and the subsidy is only for that property. Properties owned/leased by HHA are within Harrisburg city. | [**Harrisburg Housing Authority**](https://harrisburghousing.org/)  717-234-9664 |
| Transitions Program and Permanently Affordable Housing | A comprehensive program that equips families with the tools, skills, and confidence to build a stable and self-sufficient future. Graduates of the Transitions Program are eligible for Permanently Affordable Housing | [Transitions Program | Brethren Housing Association](https://www.bha-pa.org/transitions)  717-233-6016  [bha@bha-pa.org](mailto:bha@bha-pa.org) |
| Bridge of Hope | A comprehensive service for homeless or at-risk mothers of children under 18 | [Get Help | Bridge of Hope - Harrisburg](https://harrisburg.bridgeofhopeinc.org/get-help/)  717-303-9930 |
| Capital Area Coalition on Homelessness (CACH) | CACH website provides information about all housing resources in Dauphin County | [Capital Area Coalition on Homelessness](https://cachpa.org/)  717-737-1100 |
| The Salvation Army of Harrisburg | The Salvation Army Harrisburg provides diverse programs, including basic needs assistance, self-sufficiency mentoring, workforce development, choice shopping food pantry, Family Table nutrition education, youth programs, and emergency disaster services. | [Harrisburg Capital City Region - Home Page](https://pa.salvationarmy.org/harrisburg-pa/Home_Page)  717-233-6755 |
| Mastering Budgeting Basics; Getting Ahead in a Just Gettin' by World | Individual and group budgeting education to achieve financial stability and success | [Tri County Community Action](https://cactricounty.org/)  717-232-9757 |
| Prepare for Your Career Journey | Career readiness and supported employment program | [Tri County Community Action](https://cactricounty.org/)  717-232-9757 |
| OnTrack and Operation Help | Utility payment plan for PPL customers - reduced monthly payments, protection from disconnections, and debt forgiveness | [Tri County Community Action](https://cactricounty.org/)  717-232-9757 |
| Employment Services | Resume building & interview preparation, adult basic education & ESL, career counseling & resources, job search assistance, skill assessment & aptitude testing, training programs & workshops | Careerlink Capitol Region  100 N. Cameron St, Ste 101  Harrisburg, PA 17101  717-783-3270 <https://www.pacareerlink.pa.gov> |
| Harrisburg Area Community College | Associate degree, diploma, and certificate programs in a variety of fields including trades, technology, and health care | [**Harrisburg Area Community College**](https://www.hacc.edu/) |

**Strategy 2: Create Protective Environments**

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| --- | --- | --- |
| **Program Name** | **Program Description** | **Contact Information** |
| Project Child Safe | Firearm safety education program that partners with local law enforcement to provide free firearm safety kits | Harrisburg Police  Department: 717-558-6900  Dauphin County Sheriff’s Department: 717-780-6590 Penbrook Borough Police Department: 717-232-3844  PA State Police Troop H Headquarters: 717-671-7500 |
| Student Assistance Programs | Consultation and assessment for students that may be struggling with mental health concerns | [Mental Health Services | Keystone Human Services](https://www.khs.org/what-we-do/mental-health-services/)  717-482-8500  [information@khs.org](mailto:information@khs.org) |
| NAMI Central PA | Grassroots organization that provides support groups, advocacy, and education about mental illness and recovery | [NAMI Central PA | NAMI](https://www.nami.org/affiliate/pennsylvania/nami-central-pa/)  [info@namicentralpa.org](mailto:info@namicentralpa.org)  717-233-1164 |
| Dauphin County Drug and Alcohol Services | Prevention education and consultation; treatment resources for those suffering from SUDs. | [Drug & Alcohol Services](https://www.dauphincounty.gov/government/human-services/drug-alcohol-services)  717-635-2254 |
| Counseling on Access to Lethal Means (CALM) | A suicide prevention program designed to reduce access to lethal means in times of crisis | [CALM: Counseling on Access to Lethal Means – Suicide Prevention Resource Center](https://sprc.org/online-library/calm-counseling-on-access-to-lethal-means/) |
| Suicide Awareness Voices of Education | Offers free cable gun locks | [Home - SAVE: Suicide Prevention Information and Advocacy](https://www.save.org/) |